

ROTARY CLUB MYSORE METRO



ONE FOR ALL AND ALL FOR ONE



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ENDURING THE POWER OF COMPASSION

Palliative care centre is one of the Swami Vivekananda Youth Movement's (SVYM) health care initiatives started in the year 2011. Since then SVYM Palliative care team has served over 10000+ families. Palliative care is not just "end of life care". It is a holistic approach which focuses on physical, psychological, psycho social, economical and spiritual needs of the patients suffering from diseases and disorders with no known cure.

Real Life's Unscripted Lessons.

Mr. D's Journey: Resilience through Cancer and Hope through Sharing

Mr. D, a 66-year-old retired teacher from Koppal, moved to Mysuru to live with his son. In December 2024, he was diagnosed with Stage-2 anal canal cancer, compounded by pre-existing Type 2 Diabetes. Referred to our facility for pain and wound care, Mr. D was initially unaware of his serious diagnosis.

Our medical team provided detailed counseling, helping him understand his condition. Though hesitant at first due to a brother's past battle with cancer, Mr. D, after learning the consequences of inaction, accepted his condition with a positive mindset and agreed to treatment. His wife has been a vital support, ensuring his adherence to the treatment plan.

A long-time meditator, Mr. D finds solace in his past practice,

Care givers
Training Session



challenges. Our RMT team will soon visit his home to capture his journey, highlighting his emotional fortitude, the crucial role of family support, and the importance of embracing treatment. This video will stand as a powerful testament to his resilience and a beacon of encouragement for others.

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Spiritual session by Thirumalachar sir at Palliative care Centre, Mysore

though current treatment prevents attendance. Despite this, he faces his illness with remarkable resilience and a positive attitude, bolstered by his loving family.

Inspired by his newfound outlook, our team encouraged Mr. D to record a video sharing his experience. He enthusiastically agreed, eager to inspire others facing similar

Rotary UNITE FOR GOOD
District 3181

District Team 3181
Invites you for the
Installation Ceremony
of
Rtn. Ramakrishna P K
Rotary Mysore Midtown
as the
District Governor 2025-26
RI Dist. 3181

on
29th June 2025, Sunday, 11.00 am
@ North Avenue
Hebbal Industrial Estate
Mysore 570027

Chief Guest
Rtn. Vikram Datta
Dist. Gov. 2024-25, RI Dist 3181

Looking forward to your
good wishes in person

Lunch: 1.00 pm

Kindly note:

NO Garlands
Bouquets
Shawl/Peta

Home Club: Rotary Mysore Midtown





Celebrating 80 Remarkable Years of Aiah Sir-Rotarian Mr. Alagappan

A grand milestone was celebrated in style as the ever humble and philanthropic Mr. Alagappan- fondly known as Aiah Sir- marked his 80th birthday with an unforgettable evening filled with love laughter and legacy. Organised by his devoted family in collaboration with Rotary Club of Mysore Metro, the elegant function took place at Mysore Race Club. The place was beautifully decorated with star like tiny series of lights, aesthetic flowers and tastefully made stage backdrop. Everything set the stage for the evening.

As his personal guests and fellow Rotarians arrived the celebrations began. Everyone joined hands in showering flower petals along the way the esteemed family walked. A delightful spread of snacks and beverages were served to guests who mingled amidst the festive ambience.

Mr. Alagappan, accompanied on stage by his gracious wife Mrs. Vijayalakshmi, received a unique and comic tribute by President Rtn. Gopalakrishna and Rtn. Ravikumar who presented mementos – both small and significant – that symbolized different stages of his 80-year journey.

Mrs. Vijayalakshmi shared heartfelt words, fondly reflecting on partner. It was a cute scene to see her shyly reveal their college days when they first met. Adding to the warmth of the occasion, daughter Lavanya, son Senthil along with his beautiful wife and children stepped on to the stage and showed their respect and gratitude to their loving parents. Four distinguished guests, DGE Rtn. Ramakrishna P K, AG Rtn. Dr. Prahlad, Rtn. Umesh and Rtn. Sunder offered speeches each praising Alagappan's humility, generosity and contributions to the society.



The Joyfull Family

Highlight of the evening was Aiah sir's own generous gesture – a donation of Rs 80,000/ to Rotary Mysore Metro Community Service, depicting the spirit of giving that has defined much of his life.

The formalities were followed by a photo session and joyful exchange of greetings. Guests then enjoyed a sumptuous dinner and fellowship accompanied by very melodious live music. A fitting finale to a celebration of life rich in service, kindness and cherished memories.

May the celestial devatas bless him.

Shatamaanam Bhavati ...

~ Ann. Kala Sathyendra



Metro Family



ROTARY CLUB MYSORE METRO



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.....Let's Make It 100%!

Dear Rotarians of Mysore Metro,

It's time for us to rise as One Club, One Family, and lead from the front!

The Rotary District Conference 2025-26, Sneha Saurabha, will be held right here in Mysore on 30th, 31st January & 1st February 2026 – a weekend that promises inspiration, fellowship, learning, and unforgettable moments.

Under the dynamic leadership of District Governor Rtn. Ramakrishna P K and the meticulous planning of Conference Chairman Rtn. Dr. Prahlad K A, this event is set to be one of the most meaningful and memorable gatherings of our Rotary calendar.

Why should Mysore Metro aim for 100% registration?

- Because leadership begins at home.
- Because we are the host city and every chair filled reflects our hospitality.

Because our presence will strengthen bonds across the

district and energize our own journey in Rotary

Let's come together and achieve 100% registration from Mysore Metro – not just as participants, but as proud ambassadors of our city and our club.

REGISTER NOW at www.districtconference3181.in

Need help? Contact our club coordinator or call 97415 34785

Sneha Saurabha awaits you — don't just hear about it later. Be there, live it!

WIN
Lucky Dip



Sneha Saurabha

**ROTARY DISTRICT
CONFERENCE 2025-26**

**30th, 31st Jan
& 01st Feb, 2026**

@ Mysore

Visit website and REGISTER TODAY

www.districtconference3181.in



7 DAYS TO GO

Insurgator PDG Alagi Alagappan

Rtn Stephanie A. Urchick RI President

DTLS DISTRICT TEAM LEARNING SEMINAR and Night

DISTRICT AWARDS

Chief Guest Rtn Vikramadatta District Governor

Chief Guest Rtn Dev Anand DG - RI District 3182

Chief Guest Lion N Subramany DG - LI District 3175

Key Note Address Rtn Sharath Choudary DG - RI District 3150

Club Leadership Learning Seminar DISTRICT Assembly

Sunday 22 June, 2025

09:00 Am - 01:00 Pm

Bharath Scouts & Guides Training Centre Hall Piliikula, Mangaluru

Registration Fee* (Rotarians, Anns & Annets)

Day 1 - ₹ 850

Day 2 - ₹ 750

Both Days - ₹ 1400

Kindly note: Registration is required to enter the venue.

Rtn Ramakrishna P K District Governor 2025-26

HOSTED BY : ROTARY CLUB MANGALORE CITY

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The "Golden Temple": Ms. H's Journey to Peace

Four years ago, SVYM's Palliative Care team met Ms. H, a widow and cancer patient in Shantinagar, Mysuru. This resilient woman had dedicated her life to raising her children, including an adopted son, through her home tuition business.

Though initially relying on Ayurvedic treatment, Ms. H's pain soon became unbearable. For six years, our home-based palliative care program provided crucial pain management. She often said our center wasn't a hospital, but a "golden temple," deeply appreciating the care she received.

During the COVID-19 pandemic, home visits became sporadic, and Ms. H's health declined. Family tensions arose when she moved in with her third child. Her condition worsened, and she was brought back to the Palliative Care Centre, clearly in her final days.

Our team focused on providing peace and dignity. After counseling, Ms. H expressed a wish to speak with her youngest son and daughter-in-law. Her son took her home, and with her last wish fulfilled, Ms. H passed away peacefully. Her story highlights the profound impact of compassionate palliative care, bringing comfort and dignity in life's final moments.

**Contributed by Nandini Shankar
Palliative Care Centre, Mysore**

Part 3: The Road to Victory—And What Still Lies Ahead

Rotary's early support was the catalyst that set off a cascade of progress. With that seed funding, more donors came on board. Surveillance systems were built, health workers trained, and laboratories activated. In Vietnam and Cambodia, "vaccine boats" were deployed on the Mekong to reach floating communities. In conflict-ridden Mindanao, ceasefires were negotiated to carry out immunization campaigns. In China, Dr. Omi bypassed policy debates and presented the data directly to the Minister of Health. Shortly after, China announced that all children would be vaccinated—documented or not. By the year 2000, the Western Pacific Region, including 37 countries and territories, was certified polio-free. It was a



monumental victory. But Dr. Omi reminds us that eradication is fragile. The disease still lingers in Pakistan and Afghanistan. Political instability, war, and misinformation continue to threaten progress. In areas like Gaza, health system collapse can reopen the door to polio resurgence.

"The last mile is always the hardest," Dr. Omi says. That is the nature of eradication—it demands relentless vigilance. Rotary, he insists, remains essential. As funders, mobilizers, and trusted messengers, Rotarians helped make history. Now, we must commit again to finishing the job—and securing a polio-free world for good.

BIRTHDAY & ANNIVERSARY

	2nd June	Rtn. Sathyendra Kashyap	
	7th June	Rtn. Rajesh S G	
	12th June	Rtn. Channakeshava Channa Krishnappa	
	20th June	Rtn. Sundar Raj Rao	
	03rd May	Rtn. Ravindrababu Ann. Hemalatha	

UPCOMING CALENDAR EVENTS

Rotary Events

**District Awards Night
at Mangalore
on 21 & 22 June 2025**

**District Governor
Installation Ceremony
of Rtn. Ramakrishna P K
on 29-06-2025
at North Avenue**

FOUR WAY TEST

1. Is it the truth ?
2. Is it fair to all concerned ?
3. Will it build good will and better friendships ?
4. Will it be beneficial to all concerned ?



Rtn. Paul Harris
Founder



Rtn. Ms. Stephanie Urchick
RI President



Rtn. Vikram Datta
Dist. Governor 3181



Rtn. Gopal Krishna
President



Rtn. Mohan Gurumurthy
Secretary



Rtn. Vivek S Sangle
Editor